# YOUTH ABASSADOR ABASSADOR PROGRAM & STATEWIDE ACTION COUNCIL



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# **OUR STORY**



# EMPOWERING YOUTH ACTION IS OUR MISSION

The Youth Ambassador Program collects the enthusiasm and drive of Missouri's youth leaders and empowers them with

- Foundational prevention knowledge
- Advocacy competencies
- Transferable leadership skills

Since founding in 2010, the Youth Ambassador Program has served as a catalyst for change in the lives on dozens of youth, inspiring a new generation of prevention leaders to ask the question

How will I change the world?

# OUR PROGRAM

Trainings and meetings each year on prevention topics

Youth selected each year, one from each MSHP Troop

Annual programmatic fundraising event 3 Annual events

hosted by Youth Ambassadors

1

Year-long prevention project for youth

# 12

Years of shaping young minds for youth prevention

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# **OUR EVENTS**



### PREVENTION DAY AT THE CAPITOL

Each January, prevention leaders from across Missouri convene at the Missouri State Capitol for a day of prevention advocacy. Youth leaders network with legislators, ensuring every Missouri legislator receives materials on information that matters most to them - youth safety and drug, alcohol, and risky behavior prevention.



#### SPEAK HARD

The pinnacle event for Missouri's youth prevention leaders, Speak Hard is a daylong event filled with workshops, speakers, networking, and activities all centered around youth prevention and leadership. Held each spring in Jefferson City, this event encourages collaboration among youth on relevant prevention topics.



### COMING FALL 2023 | YOUTH SAFETY SUMMIT

A new event by ACT Missouri, the Youth Safety Summit will serve as the catalyst event for change each fall with a focus on traffic safety and distracted driving. Youth will engage in a one-day, online event with presentations and guest speakers that highlight state- and nationwide initiatives and programs.

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# WHAT WE DO

#### **Regular Meetings & Trainings**

Youth Ambassadors receive immersive trainings and engagement experiences that reflect the diversity of Missouri, meet student needs, and develop core competencies needed to build the next health generation. Trainings regularly include the sharing of data, modules provided by partners like EVERFI and Taking Down Tobacco, and leadership development activities design to build skills reflected in the needs of a modern workforce like critical thinking, collaboration, and communication.

#### **Statewide Youth-Centric Project**

Each year, Youth Ambassadors are given the freedom to create a project the addresses a need they determine related to you youth safety. These projects are funded and support by Missouri SADD and ACT Missouri. Youth Ambassadors receive guidance and support from industry leaders to execute their project. Previous projects have included creation of a children's book that builds resiliency skills, a streamed musical to address the consequences of purchasing controlled substances, and a comic book series highlight the dangers to yout body from vaping.

#### Speak Hard

Speak Hard is one of Missouri's premier events for students with a passion for building health young lives. Youth Ambassadors help to craft the content for the event, including workshops and activities. Youth Ambassadors also act as the event host, speaking at opening and closing session, leading lunch and learns, and handing out annual Youth Awards to outstanding students in prevention.

#### **Youth Safety Summit**

The 2022-23 class of Youth Ambassadors will be instrumental in developing the first ever Youth Safety Summit. This event, focused exclusively on traffic safety initiatives like increasing seat belt usage and ending both distracted and impaired driving, will feature multiple interactive sessions and experience. Youth Ambassadors will both host the event and craft the content for students.

#### Supporting National and Missouri SADD Initiatives

Youth Ambassadors are responsible for implementing both Missouri and National SADD programs in their schools and communities. Missouri programs are crafted and updated annually by Youth Ambassadors to reflect new concerns and make improvements over previous years.

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# **PROGRAM INFO**

### YOUTH AMBASSADORS

Youth Ambassadors are Missouri's student leaders in youth prevention.

- Learn from prevention specialists in nine education trainings
- Communicate observations of emerging youth issues
- Provide training and resources to other youth groups and coalitions
- Lead and facilitate all general sessions at Speak Hard
- Advocate with legislators at Prevention Day at the Capitol
- Develop and execute a statewide youthcentric prevention project

# STATEWIDE ACTION COUNCIL

Collectively, the Youth Ambassadors make up the Statewide Action Council (SAC). While each student will represent their Troop's respective counties, they will collectively complete programs and activities. Youth Ambassadors may also play a role as a SAC leader.

- President
- VP of Engagement
- VP of Programming
- VP of Leadership & Events

# **APPLICATION PROCESS**

Applications open each spring via ACT Missouri and Missouri SADD. Students are encouraged to complete the application process via an online form at https://actmissouri.org/youth/youthambassador-program/.

Students will need to answer general application questions and have a school photo, list of activities and accomplishments, and answer a short essay on drug and alcohol prevention. A parent or guardian will need to sign off the application.

Applications are due May 31. Selected students will be informed of their selection by June 5.

# SELECTION PROCESS

One youth leader is selected each year from the counties served by each of Missouri's nine MSHP Troops. If multiple students apply from one Troop, they may be assigned a different Troop to observe during their tenure. Each of these nine students will serve a one-year term as a Youth Ambassador, beginning August 1 and concluding May 31.

### **PROGRAM CONTACT**

For more information, please contact SADD Coordinator Chris Dzurick at cdzurick@actmissouri.org.