

February: TextLess Love More

Show your love (and likes!) through real-life gestures this month. Write a note for a friend, bake cookies for your mom, give face-to-face compliments. These moments of love mean a lot!

Event: host a letter-writing party! Gather together and write love letters—either to specific people or generically, or both! Students can take their letters with them and deliver them in person to loved ones! The generic letters can be placed in a jar so that, on Valentine's Day (or any day!), anybody who wants one can take one.

For a more focused letter-writing party, you can visit <http://www.moreloveletters.com/the-letter-requests/> to find individuals who need extra love to whom your students can write. New requests will become available on February 1st.

Need help with materials for this event? E-mail mmcgrath@SADD.org.

